



Pictured: Bryan C. Bruner, MD, J. Lance Pickard, MD, John L. Fairbanks, MD

Urological surgery services include, but are not limited to:

- Bladder cancer, including treatment with cystectomy
- Kidney tumors, cancer
- Penile cancer
- Prostate enlargement or cancer
- Kidney stones
- Bladder removal/partial removal
- Testis mass or cancer
- Urethral reconstruction
- Urinary diversion
- Urinary fistulas
- Urinary strictures of ureter or urethra
- Urologic reconstruction
- Urologic trauma

Texas Health Presbyterian Hospital Flower Mound reminds men they don't have to travel out of the community to receive quality surgical care. The board-certified urologists at Urology Clinics of North Texas, Dr. Bryan C. Bruner, Dr. John Fairbanks, and Dr. J. Lance Pickard, who recently joined the practice, are trained to treat your urological needs.

From minimally invasive laparoscopic surgery to traditional open surgical techniques, the urology surgeons at Texas Health Presbyterian Hospital Flower Mound provide choices for patients, and the ability to tailor surgery to deliver personalized care, helping you achieve your best urological health. "Our goal is to provide our patients the best quality medical care, and to educate them about their condition, treatment options, and what to expect if surgery is required," says Dr. John Fairbanks.

WELCOME DR. LANCE PICKARD

Texas Health Flower Mound extends its welcome to Dr. Lance Pickard, a board-certified urologist who recently joined the hospital's medical staff. Dr. Pickard earned a medical degree from The University of Texas Medical School at San Antonio and completed residency training at The University of Missouri - Columbia Hospital and Clinics, which included two years of general surgery and four years of urological surgery. He chose to specialize in urology, finding it "an exciting and interesting field."

Dr. Pickard, who was the first person in his family to attend college, is board-certified by the American Board of Urology. In addition to general urology and urological surgery, he has special interests in urological cancers, kidney stone treatment and prevention, prostate disease and bladder obstruction, and incontinence.

Dr. Pickard is a member of the American Urology Association, Texas Medical Association, Texas Urological Society, and the American Association of Clinical Urologists. He and his wife Suzy are Texas natives—both graduated from MacArthur High School in Irving, Texas. He is an NAUI Master scuba diver, a musician (drums and guitar), and is a past Executive Board member of the Texas Trails Council of the Boy Scouts of America.

"I'M A REGULAR GUY, AND MY PHILOSOPHY IS TO KEEP IT SIMPLE," SAYS DR. PICKARD. "I TRY TO PUT MYSELF IN MY PATIENTS' SHOES, AND THINK ABOUT WHAT WOULD I ASK AND WOULD WANT TO KNOW IF I WERE A PATIENT."



J. Lance Pickard, MD

MEET DR. PICKARD

Growing up in a down-to-earth family in Irving, Dr. Pickard has a knack for easily relating to his patients. He strives to educate patients about their condition, and to anticipate questions they may ask. Caring and compassionate, he talks with his patients in "plain words" in a straightforward manner.

"I'm a regular guy, and my philosophy is to keep it simple," says Dr. Pickard. "I try to put myself in my patients' shoes, and think about what would I ask and would want to know if I were a patient."

PROSTATECTOMY OPTIONS AT TEXAS HEALTH PRESBYTERIAN HOSPITAL FLOWER MOUND

If you have been diagnosed with prostate cancer, the treatment you receive can make a difference in your outcome and quality of life. Fortunately, you can trust the team of skilled specialists at Texas Health Flower Mound to provide cutting-edge treatment like robot assisted-surgery.

"Urology Clinics offers a wide range of treatment therapies and surgeries, including minimally invasive robotic-assisted prostatectomy as well as traditional laparoscopic surgery and open surgery," says Dr. Pickard.

In many cases, robotic-assisted prostatectomy may offer faster recovery, less trauma and blood loss, and better results than traditional surgery. Dr. Bryan Bruner, who trained on the da Vinci System, operates robotic arms equipped with tiny instruments, and can perform a prostatectomy with just a few small incisions. The da Vinci surgery robot features a magnified 3D high-definition vision system and tiny wristed instruments that bend and rotate to a far greater degree than the human wrist. As a result, it enables a trained surgeon to operate with enhanced vision, precision, dexterity, and control.

"While some may not be candidates for robotic-assisted prostate surgery, many men diagnosed with prostate cancer can benefit from robotic-assisted surgery," says Dr. Bruner. "Patients may experience less urine leakage and fewer erectile function problems after robotic-assisted prostatectomy versus more traditional surgical options."

The best candidates for da Vinci surgery for prostate cancer are generally younger in age (under 70), and diagnosed early. Other factors, including general medical condition, are also considered.

**J. LANCE PICKARD, MD | JOHN L. FAIRBANKS, MD
BRYAN C. BRUNER, MD**



4370 Medical Arts Drive, Suite 105 • Flower Mound, TX 75028
214-826-6021